

## **Megan Fedor - St Pius X School - Notre Dame Academy, page 1 of 2**

Hello. My name is Megan Fedor and I would like to share with you about how I have and plan to help others in my life. Ever since I was little, my parents have always taught me that life is not all about me. That we all have a purpose in this world to give to and help others in any way that we can. They also taught me that it didn't always have to be a big endeavor, but even doing small things like holding the door for someone or giving a smile to people at the grocery store could make a huge impact on a person's life and really affect someone's day. The small acts of kindness are just as important as the greater acts. As I walk out the door each morning, my mom does not say to me "get a good grade" or "work hard today". I know she does want me to do those things too, but instead she says "be the best Megan you can be today". To me, this means help others in need, smile at your classmates, be a friend to someone that needs one, and always be kind to everyone.

Throughout 14 years, I have done many things to try and help others in need and make the world a better place. When I was younger, I planned many lemonade stands to raise money for different charities. I sang at nursing homes to help bring joy to others, worked at cleaning up yards of the elderly to help take the burden off of them, and cleaned pews at our church. My brother and I volunteered at the library reading to elderly dogs to help bring peace to them. My Girl Scout club took part in many service projects to serve our community like collecting and delivering canned goods, making blessing bags for the homeless, and organizing games and activities for nursing home residents.

As I grew older, I was able to become a member of Challenge Club at my school where we focused mainly on community service projects. I was a member of this club for 3 years and some projects I really enjoyed doing were things like cleaning up cemeteries to show respect for those that have passed and working with Go Pantry, which helps collect food for children to eat while they are on breaks from school. We would go from house to house collecting bags of food from neighborhoods and then deliver them to Go Pantry where they would separate them into boxes for children to bring home on the weekends or holidays. I also worked at the Rose Garden to help organize their pantry and closet. I then joined Youth Group at my church which focuses on positive, faith filled youth experiences. I really enjoy working with new people and volunteering at church. I love to baby sit the younger children while their parents are listening to a speaker. The kids are so fun and make me smile.

Life became a challenge for everyone once Covid began. I know that so many people were hurting and struggling. It became a bigger challenge to help these people because our clubs were not able to meet and provide face to face help. My family has always worked hard to help others in need and so we found other ways to help our community. For example, we drove around and left flowers on doorsteps of the elderly, we bought gifts and wrote letters to children that were in the hospital, and we continued to buy meals for the homeless. I tried to help my family at home more by doing chores,

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giving my dog a walk and bath, and helping my brother with his homework. We also prayed. We prayed for the sick, suffering and for each other and continue to do so. Once things began opening up again, we have been able to help more in the community. My family worked at a center in Cincinnati that organized and handed out school supplies for those in need. I absolutely loved working with the children helping them pick out folders and backpacks. I could see the relief on their faces having all new supplies and it made me so happy to help make a difference in their lives. I also became an altar server at St Pius X Church. I love serving God and our parish at mass.

I truly hope that my actions have affected people's lives for the better. I have many hopes in the future to affect other's lives as well and make a difference. I want to go into the medical field in college and work in a hospital as a nurse or doctor. I plan to spend a big part of my summer volunteering at St Elizabeth hospital once I am old enough this coming summer before high school. It breaks my heart seeing children and adults struggling with their health and I want to learn how to help them. My mom was a medical social worker and has told me how many different jobs I can do at the hospital to help and give hope to others. I plan to work really hard in school so that I can be successful to do this. I think that by working extra hard now, it will give me the experience I need in the future to help those who are sick and in need. Even though I plan to work extra hard in school and volunteer, I will always continue my small acts of kindness that greatly affect others and I will always strive to "be the best Megan I can be".