

How I Impact Others

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I believe that even if you don't want to, you will and do make an impact on others. Everything you do or don't do, say or don't say makes an impact; maybe it's not right in this very moment, but it will. I think that's why I try to put an emphasis on being the best type of person I can, because everything I do will change something else. From my first breath I have left a mark on the world, a mark that no one else can leave, that I alone am responsible for. The way I choose to impact the world will change as I develop into the person I am meant to be, but for now I can leave an impact in many ways. I love reaching out to people through my writing. I love that maybe I can write something they've never heard before and they could have a whole new outlook on something or it could be as simple as making them smile that day.

Every day when I wake up I make a goal; Today, I'll spend some time outside and breathe in the fresh air, listen to the animals, just allow the beauty and utter goodness and innocence of a sunrise, or a blue sky to sink into me and realize life is not bad. At night, I always try to look up at the stars and allow all the anger I have to disappear and instead forget and move on. This helps me to think and learn. No one sees the world as I do, and no one ever will. I have control over my life; yes, I still have to go to school and I don't have total freedom, but one day I will. I can spend the time with my family learning all the stories they have, all the mistakes they made and I let those make me better. I learn the life lessons while still being protected from horrors of it happening to me.

When life throws me a curveball in the form of tragedy or a change it's hard. Some days I will want to stay in bed all day or just let this incident swallow me up, but I can't. Instead I have to get out of bed and know that my pain, other people are feeling it, my tragedy, other people have to deal with a worse one. It does nothing to dull the pain or cause the memory to fade, but it can give me a new way to appreciate what I do have.

If I would have lived only but a day, I would have still made an impact. We also impact many groups of people. I impact my friends, my family, my teachers, my coaches, and maybe even some people I don't know. When I'm going on a walk and I smile at the elderly man walking his dog that leaves an impact. When I hold the door open for the mom struggling with five kids, that leaves a mark, or it could even be just smiling at people as I pass.

Every single person on this earth is connected; no one is ever fully alone. That doesn't mean I don't feel lonely though. Some days it feels like I just exist for the purpose of nothing more than taking up space. It's as if I could easily vanish and there would be nothing but a change of weather to signify I'm gone. Though I am only the small age of 14, I can see the world. I know it's far from perfect, that it never will be perfect, but I do keep alive the hope that someday even if I'm not here anymore, it will change. That one day many years in the future something I did will still be leaving an impact. I'm only going to be here for so long, but my memory can be alive forever.

As I begin to grow up into the person who I am meant to be, the ways I impact the world will change. For now I will impact people with the little things, but by the time I have moved on from the world, I can just believe that I will have left a mark that cannot be forgotten.